



#### INTRODUCTION

A bespoke private health service designed for HNW individuals and their families.

We treat a range of psychological issues, mental illnesses, and addictions.

Designed by best-in-class experts to deliver robust residential and home-based treatment services within a CQC framework.

Uniquely crafted clinical care plans for adults 18+ and psychological assessments and therapeutic services for children and adolescents aged 8+.

Providing discreet one guest or one family at a time programmes.

# OUR LEADERSHIP TEAM



**Jonathan Edgeley** CEO & Registered Manager



**Cathy Hinsley** Operations Manager



**Dr Martha Harrison** (Clinical Psychologist) Clinical Director



**Professor Tim Kendall CBE** Chief Medical Officer



**Dr Ola Lagundoye** (Addictions Specialist) Lead Consultant Psychiatrist



**Stuart Green** CQC & Service Development Manager

## WHAT WE TREAT

- Stress and burnout
- Sleep disorders
- Anxiety and panic
- Alcohol dependency
- Drug misuse
- Gambling addictions
- Neurodevelopmental conditions (ADHD / Autism)
- Overeating & binge eating
- Trauma
- Complex family dynamics

### OUR SERVICES

Over 30 experts in Psychiatry, Psychology, Psychotherapy, Sleep Medicine, Nutritional Therapy, Recovery Coaching, Private Chefs, Fitness Coaches, Breathwork, Sound Therapy, Yoga, Meditation, and Outdoor and Nature Therapy.

- PRIMARY CARE
- AFTER CARE
- SOBER LIVING AND COMMUNITY CARE
- INTERNATIONAL CHAPERONE SERVICES

#### LOCATIONS

Our team of medical and therapeutic experts are available to provide residential and community care plans in the following locations:

DERBYSHIRE (HQ) Residential services in our luxury accommodation in Derbyshire.

LONDON & SOUTH EAST Home-based and central London care plans.

INTERNATIONAL Our global network enables Montrose to have a truly international reach to support our guest's pre-and post-treatment.

## HIGHLIGHTS

- Hyper personalised care plans
- One guest or one family at a time
- CQC registered
- Medically monitored detoxification programme
- Multi-disciplinary team of experts
- Global reach and service partners
- Internationally mobile chaperone service
- Residential or at home services
- Bespoke, flexible, and discreet

### OUR FEES

## ASSESSMENTS **Psychological** from £375 per hour **Psychiatric** from £550 per hour

# RESIDENTIAL CARE PLANS

**Premium** package from £8,500 per week **Premium Plus** package £15,500 per week **Elite** package from £20,000 per week

INTERNATIONAL CHAPERONE Clinical and Recovery professionals from £550.00 per day



We operate a 24/7/365 helpline and triage service and aim to provide an admission or onward referral within a 24-72 hour window.

Email: admissions@montrosehealthgroup.com

24-hour helpline: 01433 350500

